

# Psychopharmacology

## What You Need to Know Today about Psychiatric Medications

Hayward, WI

featuring Tom Smith, P.D., LMHC, NCP, FAPA, BCCP

Lac Courte Oreilles Community Health Center  
Thursday, September 18, 2014

### Seminar Information

**Registration:** 7:30am

**Start Time:** 8:00am

**Lunch:** 11:50am - 1:00pm *on your own*

**End Time:** 4:00pm

**Tuition:** LCO staff will not be charged a fee. Outside professionals will be charged \$45

**Registration Deadline:** August 22, 2014

**Cancellation Policy:** Refunds not available

**Location:** Comfort Suites - Hayward, WI, 15586 County Road B, Hayward, WI 54843 - Ph (715) 634-0700

**Contact Info:** Jenny Ingram 715-638-5116  
jingram@lcohc.com

**To Register:** Mail registration form or fax. Payment must be in form of check or money order  
No credit cards.

### Objectives

- 1 Discuss the clinical uses of the five major psychotropic medication classes—the antidepressants, mood stabilizers, anti-anxiety agents, antipsychotics and psychostimulants— how they work, and their common side effects.
- 2 Describe the benefits, risks, safety factors and controversies associated with psychotropic medication use in children and adolescents.
- 3 Address the wide array of mental health disorders for which medications are frequently prescribed.
- 4 Examine what's coming next as well as emerging and innovative trends in psychopharmacology.
- 5 Implement effective methods for collaborating with clients, families and prescribers.
- 6 Recognize the ethical and legal issues in discussing medications with clients.

### Speaker *Tom Smith, P.D., LMHC, NCP, FAPA, BCCP*

is a Licensed Mental Health Counselor, a Doctor of Pharmacy, is a Board Certified Clinical Counselor, holds Fellow status in both the American Psychotherapy Association and the American Society of Consulting Pharmacists, as well as Diplomate Status in the American Psychotherapy Association.

Tom has spoken on Bipolar Disorder, the DSM-5®, and psychopharmacology throughout the United States, and has had Adjunct Associate Professor Academic Appointments at the Butler University School of Pharmacy and Health Sciences and the Saint Louis University School of Graduate Nursing, as well as having been Faculty at the University of Phoenix.

Tom is internationally published on the topic of Aromatherapy, and has just completed his book on Psychopharmacology. He maintains an active private practice in Martinsville, Indiana, where he works with clients of all ages.

Speaker Disclosures:

Financial: Tom Smith maintains a private practice. He is a speaker who receives an honorarium for PESI, Inc.

Non-Financial: Tom Smith is nationally published on the Americans with Disabilities Act and receives no compensation.

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## What You Need to Know Today about Psychiatric Medications

### Program Outline

#### Biological Psychiatry

Neurotransmitters: The brain's building blocks

#### Depression

Antidepressants: How they work

Cyclics

SSRIs

SNRIs

Atypicals/combining antidepressants

Side effects and risk factors

Herbals and depression

Treatment-resistant depression

Improving compliance with antidepressants

What you and your clients should know

#### Bipolar Disorder

Medicating Bipolar disorder

Current "gold standard" treatment and side effects

Anticonvulsant and antipsychotic use in Bipolar disorder

Anticonvulsant side effects

Risks of medication non-compliance

#### The Many Manifestations of Anxiety

Panic disorder

Medicating anxiety

Benzodiazepines

Non-benzodiazepines

Medications used to treat insomnia

Using anxiolytics safely

Side effects of the anxiolytics

#### Schizophrenia

Symptom domains of schizophrenia

How antipsychotics work

Conventional antipsychotics

Second generation agents

Antipsychotic side effects

Relapse and non-compliance

#### Special Populations: Children, Adolescent, Elderly

Using medications for children to treat diagnoses usually found in children

Medicating pediatric depression

Antidepressants and suicide in children: The real truth

Pediatric Bipolar disorder

Medicating anxiety in children

ADHD and its expanding etiology

The evolution of psychostimulants

Antidepressant, non-stimulates use in ADHD

Alzheimer's medications

#### DSM-5® and Psychotropic Med Use

#### What's Next: Breakthrough

#### Antipsychotics and Antidepressants

#### Collaborating with Clients, Families, and Prescribers: Techniques that Work!

**Target Audience:** Pharmacists • Pharmacy Technicians • Doctors • Nurses • Counselors • Drug Court Teams • Law Enforcement  
Correctional Officers • Jail Staff • Students • Social Workers

### Continuing Education Credits

*PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, MEDS-PDN, HealthEd and Ed4Nurses.*

**COUNSELORS:** PESI, Inc. is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. ACEP#: 5637. This course qualifies for 6.25 contact hours.



**SOCIAL WORKERS:** PESI, Provider #1062, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. www.aswb.org. ASWB Approval Period: January 27, 2014-January 27, 2017. Social workers should contact their regulatory board to determine course approval. Social workers will receive 6.25 clinical continuing education clock hours in participating in this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.



**PSYCHOLOGISTS:** PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.0 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**MARRIAGE AND FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**ADDICTION COUNSELORS:** PESI, Inc., is an approved provider of continuing education by the National Association of Alcoholism & Drug Abuse Counselors (NAADAC), provider #: 00131. Full attendance is required; no partial credit will be awarded for partial attendance. This course qualifies for 7.5 contact hours.



**NURSES/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours.

**NURSE PRACTITIONERS:** This program offers 380 instructional minutes of pharmacology content which is designed to qualify for 6.3 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

**PHARMACISTS:** PESI, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Successful completion of this Knowledge-based activity qualifies for 6.0 contact hours. ACPE Universal Program Number: 0289-0000-14-008-L01-P. Full attendance is required. No partial contact hours will be awarded for partial attendance. You are required to complete a program evaluation/post-test and bring your e-Profile ID to the seminar to receive CPE credit. Don't have your e-Profile ID yet? Visit the National Association of Boards of Pharmacy (NABP) website and complete your e-profile at www.nabp.net in order to obtain your NABP e-Profile ID.



**WISCONSIN MARRIAGE & FAMILY THERAPISTS:** This course has been reviewed and approved by the Wisconsin Association for Marriage and Family Therapy for 6.25 credit hours.

**OTHER PROFESSIONS:** This seminar qualifies for 6.25 continuing education clock hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

### Psychopharmacology - What You Need to Know Today about Psychiatric Medications

Name \_\_\_\_\_

Organization \_\_\_\_\_ Department \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

Work Ph ( ) \_\_\_\_\_ Cell phone \_\_\_\_\_

Mail registration form or fax. Payment must be in form of check or money order No credit cards.